

Spa Treatments

Durations & Prices

For additional information and reservations, please dial 516.



EXPERIENCE ANOTHER WORLD

Aqua Marine Spa Daily Hours

9 am to 8 pm (last appointment at 7 pm)

Reservations

To book your appointments, please dial 516 from your room, or (+30)2289023437.

We encourage guests to schedule their appointments in advance.

Check in procedure

Guests are kindly requested to arrive 10-15 minutes before their appointment is due to start.

Any delays will result in reduced treatment times to avoid disruption to other guests.

We provide private key lockers and spa wardrobe (towels, bathrobe and slippers).

If you wish to enjoy our Spa facilities (sauna and steam room), we recommend you arrive at least half hour before your treatment.

Cancellation

Cancellations or changes made within 6 hours will be subject to a charge of 50 percent of the treatment price.

No notification of cancellation will result in a full charge of the treatment price.

Smoking and alcohol

Smoking in the Spa is strictly prohibited. Alcohol consumption is not allowed and is not recommended before undergoing Spa treatments.

Personal Belongings

We recommend you not to wear jewellery during your Spa visit. The Aqua Marine Spa cannot accept responsibility for any loss of valuables.

Face Rituals / Φροντίδες προσώπου

Basic Treatments / Βασικές θεραπείες

1. Ritual of Purity / Βαθύς, οδοκληρωμένος Καθαρισμός - 75' - 105 €
2. Skin Care Refresh / Γρήγορη Φροντίδα Προσώπου - 25' - 65 €

Specialized Treatments / Εξειδικευμένες θεραπείες

3. Accept Balsam Facial / Φροντίδα απευαισθητοποίησης - 50' - 85 €

Highly Developed Cares / Υψηλά εξειληγμένες κοσμετολογικά θεραπείες

4. Spa Prestige Hydratation / Υπερυδακκή Φροντίδα Προσώπου -δαιμού -ντεκοδιέ - 75' - 105 €
5. Oxygen Repleniser / Φροντίδα οξυγόνωσης - 50' - 90 €
6. Viternel Age Defense / Φροντίδα αντιγήρανσης-ούσφιξης - 60' - 115 €
7. Marine Pro - collagen Contour / Φροντίδα ούσφιξης με θαλάσσιο κολλαγόνο - 50' - 95 €
8. Skin Repair Ritual / Φροντίδα αναζωογόνησης - 50' - 90 €
9. Golden spa ritual for the face / Η «χρυσή» φροντίδα τόνωσης και «δάμψης» - 50' - 105 €

Special Eye Treatment [2 phases] / Ειδική φροντίδα της επιδερμίδας των ματιών [2 φάσεων]

10. Phase 1: Cold Refreshing Care / Φάση 1: Κρύα κούρα αντιοδηματικής δράσης
Phase 2: Marine Collagen Care / Φάση 2: Φροντίδα με ψεδέ θαλάσσιου κολλαγόνου - 40' - 70 €

Men's Facials / Ανδρικές φροντίδες προσώπου

Basic & Specialized Treatments / Βασικές & εξειδικευμένες φροντίδες

11. Deep - Pore Cleansing / Βαθύς οδοκληρωμένος καθαρισμός - 75' - 105 €
12. Ocean Moisture Source / Φροντίδα έντονης ενυδάτωσης - 50' - 75 €
13. Cold Marine Soothing / Καταπραυντική φροντίδα - 50' - 80 €
14. Sea Masculin / Φροντίδα οξυγόνωσης - 50' - 80 €
15. Pure collagen Velvet eye / Φροντίδα ματιών με θαλάσσιο κολλαγόνο - 40' - 65 €

Body Treatments for Man and Woman Φροντίδες σώματος για τον άνδρα και την γυναίκα

Body Scrubs / Απολέπιση σώματος

16. Rain Therapy & Salt Glow / Απολέπιση αλάτων & χαλαρωτικές υδροβροχές - 50' - 85 €
17. Sun Glow Ritual / Προετοιμασία επιδερμίδας πριν τον ήλιο - 40' - 70 €

Body Wraps / Μάσκα σώματος

18. Greek Botanical Healing Cocoon / Βοτανοθεραπευτικό "κουκούδι" ενυδάτωσης - 60' - 95 €
19. Thermal Marine Wrap / Θερμαντική αγωγή - 40' - 75 €

Body Rituals / Φροντίδες σώματος

20. Golden Spa Ritual / Απολέπιση, μπάνιο χρυσού, μάσκα δάμψης και ενυδάτωσης - 90' - 155 €
21. Coconut Euphoria Ritual / Τρεις φάσεις φροντίδας & χαλάρωσης με βάζο το γάλα καρύδας (απολέπιση - κρεμόδουτρο- μασάζ κεφαλής) - 90' - 130 €
22. Sweet Chocolate Ceremony / Λουτρό Βανίλιας - Απολέπιση- μάσκα - 90' - 125 €
23. Warming Oceanic Flow / Μυοχαλαρωτική & αντιοξειδωτική φροντίδα με θερμή θαλασσία λάσπη - άλατα -- χαλαρωτικές υδροβροχές - 60' - 135 €

Hydrotherapies Rituals / Υδροθεραπείες

24. "Vichy Shower" Rain Therapy / Χαλαρωτικές υδροβροχές - 20' - 50 €
25. Balneo Thalasso Soak / Επιδερμολογικό δουτρό θαλασσινού νερού 30' - 55 €
26. Alguemarine Multi - Active / Μπάνιο αδυνατίσματος πολλαπλής δράσης - 30' - 55 €
27. Bali Jasmine Bath Tea / Αναζωογονητικό δουτρό Γιασεμιού - 30' - 55 €
28. Golden Bath / Μπάνιο δάμψης - 30' - 50 €
29. Aqua Pool Elixir / Πιόνια Θαλασσοθεραπείας - 30' - 45 €

Massage Rituals / Μαλάξεις σώματος

Manual Body Massage / Χειρομάλαξη Σώματος

- 30. Traditional Olive Oil Thermal massage / Μυοχαλαρωτική χειρομάλαξη με θερμό έλαιο ελιάς βασισμένο σε παραδοσιακές τεχνικές - 25' - 50' - 60 € - 115 €
- 31. Aroma Relax Effleurage massage with warm essential oils / Χαλαρωτική χειρομάλαξη με θερμό μίγμα αιθέριων ελαίων - 25' - 50' - 60 € - 110 €
- 32. Hot Stones massage / Συνδυασμός ποικίλων ειδών μασάζ (δερμικό, αρωματοθεραπεία, ρεφλεξολογία) με ηφαισιογενείς πέτρες - 60' - 140 €
- 33. Detox massage / Συνδυασμός δερμικού μασάζ και αρωματοθεραπείας, για αποτοξίνωση του σώματος - 50' - 115 €
- 34. Anti-Cellulite massage / Χειρομάλαξη για την καταπολέμηση της κυτταρίτιδας σε μηρούς και γόνατους - 25' - 60 €
- 35. Rain Forest Massage / 20' δερμικές υδροβροχές & 40 μυοχαλαρωτικό μασάζ - 60' - 115 €
- 36. Thermal Indi Scalp Massage / Μασάζ κεφαλής, προσώπου, άνω τμήμα πλάτης με θερμό βούτυρο Κακάο - 25' - 55 €
- 37. Neck back & Shoulder / Μυοχαλαρωτική χειρομάλαξη πλάτης, αυχένα, ώμων - 25' - 60 €
- 38. Lymphatic Drainage massage for Heavy legs / Δερμική χειρομάλαξη για "βαριά" πόδια - 35' - 80 €
- 39. Foot Reflexology / Ρεφλεξολογία ποδιών - 35' - 70 €

Sophisticated Massage LPG®

Ενεργά αποτελεσματικά μασάζ υψηλής τεχνολογίας LPG®

- 40. Silhouette & cellulite / Αδυνάτωση & κυτταρίτιδα - 35' - 85 €
- 41. Loose Skin / Χαλάρωση δερματικού ιστού - 35' - 85 €
- 42. Edematous body / Οίδηματώδες σώμα - 35' - 85 €
- 43. Deep Tissue Massage / Βαθύ μυοχαλαρωτικό Μασάζ - 35' - 85 €

Hand & Foot Rituals for Man and Woman Φροντίδες χεριών ποδιών για άνδρες και γυναίκες

Hand & Foot Ritual for Woman / Φροντίδες χεριών & ποδιών για την γυναίκα

- 44. Tropical Hand & Ritual / Οδηγική φροντίδα χεριών- νυχιών - 45' - 55 €
- 45. Manicure Classic / Κλασικό Μανικιούρ - 40' - 40 €
- 46. French Manicure / Γαλλικό Μανικιούρ - 50' - 50 €
- 47. Shape & Polish / Σχηματισμός & χρωματισμός νυχιών - 20' - 25 €
- 48. Pedicure classic / Κλασική φροντίδα πεδμάτων & νυχιών - 45' - 55 €
- 49. Pedicure deluxe / Ολοκληρωμένη περιποίηση πεδμάτων, νυχιών, - αποδελτιοτική φροντίδα - μάσκα μέλας - μασάζ - χρωματισμός - 60' - 70 €

Hand & Foot Ritual for Man / Φροντίδες χεριών & ποδιών για τον άνδρα

50. Holistic Hand & Nail Treatment / Ολοστική φροντίδα χεριών- νυχιών - 55' - 60 €

51. Men's Manicure / Μανικιούρ ανδρών - 30' - 40 €

52. Men's Peppermint Pedicure / Οδοκάρωμένη περιποίηση πεδμάτων - νυχιών - 40' - 60 €

*Body Waxing for Man and Woman
Αποτρίχωση σώματος για τον άνδρα και την γυναίκα*

Hair Removal - Waxing / Εφαρμογές αποτρίχωσης - Female - Male

53. Upper Lip / Άνω χείλος	- 20 € - -
54. Chin / Πηγούνι	- 17 € - -
55. Sides of Face / Παρειές προσώπου	- 22 € - -
56. Underarm / Μαοχάδη	- 25 € - 35 €
57. Half Arm / Μισός Βραχίονας	- 25 € - 35 €
58. Full Arm / Ολόκληρος βραχίονας	- 40 € - 55 €
59. Half Leg / Μισό πόδι	- 35 € - 50 €
60. Full Leg / Ολόκληρο πόδι	- 45 € - 65 €
61. Chest & stomach / Στήθος & κοιλιά	- 30 € - 40 €
62. Half Back / Μισή Πλάτη	- - - 40 €
63. Full Back / Ολόκληρη πλάτη	- - - 60 €
64. Bikini Line / Περιοχή μπικίνι	- 25 € - -
65. Full Bikini (Brazilian) / Ολική αποτρίχωση μπικίνι	- 50 € - -

Pampering Packages

Thalasso Body Shape Contour

A program that focuses on eliminating the three conditions that induce cellulite: poor blood circulation, fluid retention and a congested digestive system. Thalasso-therapy is combined with beneficial massage techniques cellu m6 on the hips and thighs, to boost blood flow and drain away fluid, leaving your skin firmer and smoother to the touch. Alquo-marine hydro massage activates the natural process of fat elimination and promotes the purification of the body. Two programs during the course of a four days stay maximize the benefits.

This program includes:

- Lipo-sculpting Alge wrap
- Hydro massage Alguomarin Multi-Active
- LPG Cellu-m6 keymodule

Duration: 90min - Price: 180 Euro/per synergy

Myconian Elixirs for Two

Traditional therapies and natural ingredients indigenous to the Aegean islands provide the ultimate rejuvenating ritual. Pure therapeutic aromas will indulge your senses and restorative Greek massage techniques will lighten your body and mind.

This program includes:

- Gentle & nutrient body scrub with poppy seeds.
- Restorative warm mastic oil massage, which nourishes the skin and detoxifies the nervous system.
 - Fresh creamy splash of mastic gel, almond milk & jasmine oil.
- Refreshing native facial with botanicals and essential oils that will hydrate and balance the skin.

All treatments are done at the same time for both, in a candlelit, romantic room.
In between you can enjoy a freshly-made fruit juice or iced mastic liqueur and fresh fruits.

Duration: 3hrs - price: 290 €/person

Heavenly Anagenessis

A true holistic experience...

A ritual that pampers you from head to toe!

Revitalization of the body and soul.

This program includes:

- Relaxing under fine drops of warm water, which clears your body and mind*
- Holistic facial ritual, that tones and freshens your face*
- Healing hot stone massage which treats lymphatic blockages, concentrated stress energy, bad circulation.*
- Sole delight foot treatment*

Duration: 3hrs - Price: 290 €/person

Spa Treatments

Aqua Marine Spa



Face Rituals

1. Ritual of Purity

A purifying, deeply cleansing and nourishing treatment, which results in a "clean", radiant and healthy face. It includes exfoliation, enzyme peeling, steam and extraction of black beads. The appliance of a hydrating serum and a cold calming mask completes the ritual.

2. Skin Care Refresh

An introductory facial, designed to nourish and soothe the skin. A personalized mask follows gentle exfoliation, which results in a clean and fresh face.

3. Accept Balsam Facial

Recommended for sensitive and reactive skin types or sunburn, this highly concentrated calming treatment can relieve your skin. It includes plant extract exfoliation, massage with Phytomer's patented serums and a specialized mask that tones the skin, helps diminish any redness and allows your face to "breathe" again.

4. Spa Prestige Hydration

This facial begins with a papaya enzyme exfoliation. A thermo active mask follows, resulting in deep cleansing and elimination of toxins. Special facial massage techniques assist the skin to absorb the benefits of the Oligomarine Serum. The cool compressed mask that follows, offers a true moisture splash. Finally, a hydrating serum is applied to enhance the benefits of the mask and a special moisturizer completes this treatment and leaves the skin supple and hydrated. An ideal treatment for dry, dehydrated skin.

5. Oxygen Peplensher

Environmental stress, business pressure, lack of sleep and bad nutrition can result in dull, lifeless and sallow skin. This facial promises to give light and oxygen to your face. It combines 87 different micronized minerals, vitamins, amino acids, enzymes and pure oxygen that clean, nourish and revitalize every cell of the face. At first, the skin is gently cleansed and then exfoliated with enzyme products. Marine oxygen pearls are enhanced through wax massage and a rubberized aqua lift mask follows. Finally, a moisturizer rich in marine spring tonic water is applied in order to complete the oxygenation and firming of the face. A facial that improves the radiance, appearance and texture of the skin.

6. Viternel Age Defense

A synergy of flowers and minerals, for the total protection that the skin needs against aging. The precious ingredient rodocrocite, a red

colored semi precious stone from the Incas, very rich in manganese, protects the cells from free radicals, UV rays and keeps the skin youthful and toned. The steps of this great face ritual follow one another to relax the features, restore the energy of the cells and visibly smooth the skin. As an elixir, it softens and warms your heart, soothes your face from tension and anxiety, provoking feelings of love, tenderness and well-being. An ally in our fight against the signs of age.

7. Marine Pro-Collagen Contour

A perfect treatment for mature, dehydrated and stressed skin, lacking firmness and suffering from loss of tone. Native soluble collagen fibers are used to tone and renew the skin. This is a firming synergy treatment, which includes massage techniques that aim at releasing and easing the facial tension that causes the facial muscles to tighten, emphasizing lines and wrinkles. The result is improved circulation, significant reduction in tension, improved skin tone, lifting and firming.

8. Skin Repair Ritual

A treatment designed to provide your face with lysosomes, vitamins and enzymes. After the skin is gently cleansed, enzymes exfoliation follows. A massage technique works on every facial muscle to ensure maximum effectiveness just before the lysosomes are gently spread. Enjoy visibly improved radiance, appearance and texture of your face.

9. Golden Spa Ritual (Face)

The power of gold and the essence of flowers come together to offer all their healing properties to your face and soul. Thanks to the essential oils and the extract of roses, your skin is deeply hydrated and the expression lines are soothed. Your skin looks vital, toned and healthy through the action of the white-lily, acacia and the luxury of gold. The fine scents of flowers, the extract of rose-petals and the touch of pure gold give Glow to your face and fill your heart with Love and Hopefulness.

10. Special Eye Treatment

A specialized treatment for the delicate eye area, which may be combined with a facial or used on its own. It helps in minimizing the appearance of fine lines and in reducing puffiness of the eye area. It includes application of pure collagen and a refreshing mask, especially designed for your eyes only!

Men's Facial

(Specially formulated for the male complexion)

11. Deep -Pure Cleansing

A treatment that aims at purifying, toning and revitalizing the skin. It is designed to clear the skin of grime, remove black beads and leave

you with a healthy and radiant face. This facial starts with gentle cleansing, steam and enzyme peeling. Then, you enjoy the application of a skin specific mask and feel the freshness of a cool tonic. A light protection lotion completes this ritual.

12. Ocean Moisture Source

A healing treatment that strengthens and deeply hydrates the skin. You will experience the best of nature's abundance: a unique combination of laminaria digitata and seaweed gel collagen. It leaves the skin tight, vital and healthy, with an exceptional glow.

13. Cold Marine soothing

Suitable for irritated or sensitive skin, this ritual is a relief for the face. First, the skin is gently cleansed and a soothing concentrate is applied. A calming mask releases the purest healing ingredient: seawater. You will appreciate the sense of comfort and refreshment and enjoy the improved appearance and texture of your face.

14. Sea Masculin

If you feel that your face is not bright enough and looks tired instead, this is your choice. Suitable for all skin types, this ritual detoxifies and oxygenates the skin. Your face is gently cleansed and moisturized, while skin irritations are calmed. The mask and serum that follow give oxygen to your skin, while the signs of stress are smoothed. Perfectly hydrated, oxygenated, freed of toxins and protected, your face is soft, fresh and luminous.

15. Pure collagen eye

Specialized for the delicate eye area, this treatment helps in minimizing the appearance of wrinkles and in reducing puffiness around the eyes. Very rich in collagen and your "look" is hydrated and rejuvenated! Enjoy the refreshing eye-mask at the end, and feel the soothing effects.

Body Treatments for Man and Woman

16. Rain Therapy & Salt scrub

Seawater crystals are blended with mandarin, neroli and Palma Rosa essential oils to stimulate the skin and offer overall conditioning. The Vichy shower is used to rinse away the product and your stress at the same time.

17. Sun Glow Ritual

This treatment is ideal before you start enjoying the sun. At first, warm oil is slowly dripped all over your body. Then, gentle lime and ginger salt glow are used to exfoliate, deeply cleanse and polish your skin. Finally, high protection oil, very rich in carotene, is applied and you are ready to have the tan you desire!

18. Greek Botanical Healing Cocoon

Greeks have always believed that plants and herbs can be used in traditional healing practices and therapies. The curative properties of St John grass, Katife flowers and Olive oil combine to produce a phenomenal healing mask that helps soothe sunburned skin. Enjoy the healing trinity, covered up and allow your body and mind to relax. After rinsing, you will appreciate the application of a St John balsam and enjoy the calming benefits.

19. Thermal Marine Mud

A highly nourishing treatment, ideal for tired muscles. This is a self-heating body wrap, very rich in vitamins, minerals, amino acids and phyto-hormones. It combines sea mud and seaweed with powerful therapeutic properties. It enriches your body with minerals and helps in speeding up the elimination of toxins.

20. Golden Spa Ritual (Body)

Essence of wildflowers, sagebrush and passionflower, in fusion with minerals and gold powder, promise you a magical trip for the senses. As this journey starts, gold dust and apricot scrub exfoliate and polish your skin while worries and stress are rinsed away. As you relax inside a bathtub filled up with gold dust powder and floral extracts, your body feels light and your mind is carried away. When the gold body wrap embraces your skin, you surrender to the dream. As the journey reaches the end, a touch of exquisite antioxidant oils and gold dust powder gives you radiance and glow and fills you with love. Freshness, fragrance and glitter in the eternal art of beauty.

21. Coconut Euphoria Ritual

A three phase treatment that aims at relaxing your body and mind. At first, dead skin cells are exfoliated using coconut oil and sugar scrub. Then, enjoy a divine warm milk soak. Feel a sense of calm and rejuvenation that renews your soul. As the second phase ends, you follow the therapist to the massage room where, the deep oriental scalp massage using warm coconut oil that follows caresses your mind, body and spirit, enhancing your deep relaxation. Savor the natural aroma of mango and coconut lotion, which is applied all over your body in the final phase.

22. Sweet Chocolate Ceremony

A body and mind treatment, especially appreciated by chocolate lovers! A mild powder scrub, formulated with fine walnut shells, is used to exfoliate the skin. Then you soak in a bath where you enjoy the highest quality oil of organic vanilla. A creamy chocolate wrap that sweetly covers the body follows. After rinsing, what completes the "ceremony" is a lavish chocolate lotion, very rich in vitamins and minerals smoothed all over your body.

23. Warming Oceanic flow

A body wrap treatment which comfortably raises the body temperature, inducing perspiration to help eliminate toxins, ease mobility, prevent stiffness and promote relaxation. As you rest wrapped, fine drops of warm water help your mind empty and relax. Then, a refreshing blue ocean sea salt is used to exfoliate the skin. A lavish application of a coconut and mango elixir follows rinsing.

Hydrotherapies

24. Vichy Shower Rain Therapy

As you lie on a custom-made table, nine showerheads drain all of your worries away. The Vichy shower may be received in place of the needed shower in all wrap treatments.

25. Balneo Thalasso Soak

The 104 minerals and trace elements in this soak soothe aches and allow your body to relax and repair. An excellent preparation for any massage treatment.

26. Alguomarine Multi-Active

A combination of marine plant extracts and other natural ingredients. This bath treatment activates the natural process of fat elimination, removes toxins and impurities and provides a sense of relaxation and well-being. Recommended for people on a slimming or body-contouring program.

27. Bali Jasmine Tea Bath

An ideal way to ease in to your holiday, this calming bath aims at minimizing the effects of long flights and time zone changes. Rest your eyes, breathe deeply and feel waves of relaxation wash over you. Scented candles, essential oils and bath soak encourage your revival.

28. Golden Bath

Extract of roses, Artemisian blossoms and essential oil of passionflower join the luxury of gold to embrace your body and offer their healing properties. Enjoy a luxurious bath and feel glow covering your body and your heart.

29. Elixir Thalassotherapy Pool

The uniquely decorated with Bisazza mosaics Thalasso Pool, heats the seawater to 35-37 C (100F) and offers all the regenerating effects of thalassotherapy. The Thalasso pool is equipped with special hydrotherapy jets focusing on the back, neck, thighs, waist and the body in general.

Massage Rituals

30. Traditional Olive Oil Massage

Classic, deep tissues massage, including a variety of traditional Greek techniques and strokes. Warm certified organic olive oil is applied in a rhythmic way. As the oil is massaged into the skin, it penetrates deep in to the tissues to loosen toxins at the cellular level. A hot towel treatment deepens relaxation.

A full body massage designed to improve blood circulation, soothe tired muscles and tone the skin.

31. Aroma Relax Effleurage Massage

Hippocrates, the Greek father of medicine recommended aromatic massage every day for good health. Experience the powerful effects of the natural essential oils of plants, roots and flowers and enjoy the healing massage. The warmth of the oil will treat your body and soothe your mind.

A full body massage, designed to ease tension, relieve stress and promote a general state of well-being.

32. Hot Stones Massage

This ritual, which combines hot stones, reflexology, effleurage and lymphatic massage with a blend of essential oils chosen to suit your needs, is an experience that you will not forget.

Close your eyes and feel the harmony and warmth around and inside you. The warm, smooth stones leave their trace on your body and bring you into contact with the Earth, creating a deep balance. Fine cool stones with delicate forms glide along meridians and carry vital energy to the heart of your being. You are filled with a new energy and everything around you seems to be clear. All over the world, the Hot Stone massage is characterized as a journey to the heart of the inner self.

33. Detox Massage

A number of factors like stress, not ideal nutrition and "bad" habits allow toxins to "attack" our body. The result is water retention, edemas and lymphatic problems. The full body lymphatic massage, using stimulating essential oils, activates the purification of the body, helps the elimination of toxins, improves circulation and releases blocked lymph glands. The body achieves relief, reduced swelling and better functions. It can truly "breathe" again and you are filled with a feeling of blissful well-being.

A treatment that we all owe to ourselves

34. Anti-Cellulite Massage

A slimming concentrate is applied on the hips and thighs and the deep, slimming massage starts. The focus is on stimulating the circulatory

and lymphatic systems, concentrating on the areas of the body prone to "blockages," cellulite and fluid retention. Your skin feels soft and comfortable, while the body's mobility and flexibility are restored.

35. Rain Forest Massage

A combination of hydrotherapy and full body massage. As you rest on the custom-made table, the water massages your body and clears your mind. As soon as your muscles are relaxed, a dry massage follows in order to tone your senses!

36. Thermal Indi Scalp Massage

A deep scalp massage, focusing on vital energy points, using the "help" of warm cocoa butter. This treatment will help you reduce tension, increase blood circulation and leave you at peace.

37. Neck, Back & Shoulders

We all often "park" troubles and worries on our neck, shoulders and back. This treatment relieves this part of our body of this stress burden and tension.

38. Lymphatic Drainage Massage for Heavy Legs

This treatment is highly recommended for people suffering from "heavy legs." It improves blood circulation and releases blocked lymph glands. Your feet will feel "light" and relieved.

39. Foot Reflexology

After soaking your feet in warm water and essential oils, you follow the therapist to the massage room, where you will enjoy this healing massage. The soles of our feet are considered to mirror the systems and functions of our body. This revitalizing foot and lower leg massage focuses on reflex points, restoring the natural energy flow.

LPG Edermologie

40, 41, 42, 43 Sophisticated Massage LPG Edermologie

FDA approved edermologie as the only proven cellulite-minimizing technique that can reshape the body. State-of-the-art equipment restructures the connective tissues of the skin, stimulates blood and lymph circulation and facilitates the elimination of toxins and edema.

Hand & Foot Ritual for Man and Woman

44, 50 Tropical Hand Ritual

This ritual is a pure indulgence for your hands and nails to restore beauty and suppleness. Warmed essential oils and scrubs nourish and condition, while the sublime sensation of a milk bath lavishes its richness and healing action on your skin.

45, 46, 51 Manicures

Enjoy a professional manicure and sense your hands and nails smooth, healthy and well groomed.

49. Pedicure deluxe

A luxurious and revitalizing foot treatment, intending to soothe tired feet. As you soak your feet in a warm bath of salts and essential oils, your body is being massaged in the special massage chair. Enjoy peace and feel your body relax. The exfoliation and hydrating care that follow renew dry calloused skin. A foot massage, a warm wrap of paraffin and full pedicure complete the ritual.

52. Men's peppermint Pedicure

A revitalizing treatment especially designed for men's weary feet. At first, you soak your feet in a warm bath of salts and peppermint essential oil. The chair massage intensifies the sense of relaxation. Then, your nails are cut and cleaned and hard skin is removed from the feet. Exfoliation with rich salt lotion follows. Application of a cooling menthol gel, that rejuvenates your feet, is the last but not least part of this treatment.

Body Waxing Rituals

53 - 65. Body Waxing for Man & Woman

All the products used for waxing are of the highest quality and are especially designed for sensitive skin. A soothing lotion is always massaged at the end of waxing, in order to reduce redness.

Packages

Thalasso Body Shape Contour

A program that focuses on eliminating the three conditions that induce cellulite: poor blood circulation, fluid retention and congested digestive system. Thalasso-therapy is combined with beneficial massage techniques cellulite on the hips and thighs, to boost blood flow and drain away fluid, leaving your skin firmer and smoother to the touch. Alguo-marine hydro massage activates the natural process of fat elimination and promotes the purification of the body.

Two programs during the course of a four days stay maximize the benefits.

This program includes:

Lipo-sculpting Alge wrap

Hydro massage Alguomarin Multi-Active

LPG Cellu-m6 keymodule

Duration: 90 minutes

Mykonian Elixirs For Two

Traditional therapies and natural ingredients indigenous to the Aegean islands provide the ultimate rejuvenating ritual. Pure therapeutic aromas will indulge your senses and restorative Greek massage techniques will lighten your body and mind.

This program includes:

Gentle and nutrient body scrub with poppy seeds.

Restorative warm mastic oil massage, which nourishes the skin and detoxifies the nervous system.

Fresh creamy splash of mastic gel, almond milk and jasmine oil.

Refreshing native facial with botanicals and essential oils that will hydrate and balance the skin.

All treatments are done at the same time for both, in a candlelit, romantic room. In between, you can enjoy a freshly-made fruit juice or iced mastic liqueur and fresh fruits.

Duration: 3 hours

Heavenly Anagenesis

A true holistic experience...

A ritual that pampers you from head to toe!

Revitalization of the body and soul.

This program includes:

Relaxing under fine drops of warm water, which clears your body and mind

Holistic facial ritual, that tones and freshens your face

Healing hot stone massage which treats lymphatic blockages, concentrated stress energy, bad circulation.

Sole delight foot treatment

Duration: 3 hours

Spa Treatments

Aqua Marine Spa

